

**"COBRA" - STATE  
GROUP CONTINUATION COVERAGE  
RATES FOR JANUARY 1, 2009 TO DECEMBER 31, 2009**

Rates are calculated at 102%; however not all carriers will require 102%

<b>-- BASIC --</b>				
<b>PLAN CODE</b>	<b>PLAN NAME</b>	<b>1 Party</b>	<b>2 Party</b>	<b>3 Party</b>
<b>205</b>	<b>Blue Shield HMO</b>	<b>\$515.12</b>	<b>\$1,030.24</b>	<b>\$1,339.31</b>
<b>042</b>	<b>Blue Shield NetValue*</b>	<b>\$455.33</b>	<b>\$910.66</b>	<b>\$1,183.85</b>
<b>230</b>	<b>CA Assoc. Hwy. Patrolmen (sub)</b>	<b>\$459.98</b>	<b>\$889.54</b>	<b>\$1,164.04</b>
<b>256</b>	<b>CCPOA - North</b>	<b>\$476.63</b>	<b>\$954.08</b>	<b>\$1,287.69</b>
<b>266</b>	<b>CCPOA - South</b>	<b>\$393.22</b>	<b>\$787.26</b>	<b>\$1,063.38</b>
<b>056</b>	<b>Kaiser</b>	<b>\$481.31</b>	<b>\$962.61</b>	<b>\$1,251.40</b>
<b>**</b>	<b>Kaiser Out-of-State</b>	<b>\$673.53</b>	<b>\$1,347.05</b>	<b>\$1,751.17</b>
<b>222</b>	<b>PERS Choice</b>	<b>\$487.25</b>	<b>\$974.51</b>	<b>\$1,266.86</b>
<b>045</b>	<b>PERS Select*</b>	<b>\$457.64</b>	<b>\$915.29</b>	<b>\$1,189.87</b>
<b>278</b>	<b>PERSCARE</b>	<b>\$757.26</b>	<b>\$1,514.52</b>	<b>\$1,968.88</b>
<b>207</b>	<b>PORAC</b>	<b>\$493.68</b>	<b>\$924.12</b>	<b>\$1,174.02</b>
<p>*Blue Shield NetValue and PERS Select are high performance physician network plans</p> <p>**These premiums cover all Kaiser out-of-state areas.</p>				
7/24/2008				